



## Half Marathon Training Group Information Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: day \_\_\_\_\_ eve \_\_\_\_\_

Email: home \_\_\_\_\_ wk \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

**Current running background:**

# years running: \_\_\_\_\_ average weekly mileage: \_\_\_\_\_ # times you run per week: \_\_\_\_\_

If you run road races, list distances this past year: \_\_\_\_\_

Long range running goals: \_\_\_\_\_

### Waiver and Release

In consideration of my application being accepted. I, intending to be legally bound, do hereby release and forever discharge any and all rights and claims for damages, which I may have or which may hereafter accrue to me against Pike Creek Valley Running Club or its or their respective officers, agents for any or all damages which may be sustained or suffered by me in connection with my participation in, and/or rising out of my traveling to or returning from said activity; or other club sponsored events. Applicant further attests and verifies that he or she is physically fit and has sufficiently trained to participate in a half marathon training program.

### Waiver and Release Affirmation:

I have read and hereby accept the condition described in this information pack.

\_\_\_\_\_

Signature

\_\_\_\_\_

date